

spark

magazine

Edition 006

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⚡ **LOVE & GPA.** How
to combine a healthy
relationship with
academics in school

⚡ Colourful images
from Pent Hall
week activities

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Happy Independence Day Ghana!!!

This Independence day edition is a packed one. We start with a collage of images showing Ghana in all its glory. And then we follow up with our main issue which talks about keeping the balance between your love life and scoring high grades in your academics

For the single ones too, we share a couple of ideas on how to enjoy being single.

And then we sign off by introducing you to 5 awesome shows streaming on Iflix. Don't forget to log on to our website. We are giving away free vouchers to stream these shows and more for free

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GHANA



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LOVE & GPA. HOW TO COMBINE A HEALTHY RELATIONSHIP WITH ACADEMICS IN SCHOOL

When you meet someone you vibe with, someone who compliments your swag, matches your level of intelligence or you just find attractive, it's almost inevitable that hearts will collide and a relationship will be born.

But truth is that, relationships come with some amount of stress and may take more of your time than it should if it's not well managed. Never forget something your parents said: "When you go learn ooh, have time only for your books".

The responsibility is on you as a young adult to combine your love life and education?

We have outlined some ideas you can take into consideration to help you enjoy love and focus on why you are in school in the first place.



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STUDY DATES

This is a sure way of spending time together without blowing cash. Make sure this is in a public setting. Because we all know it won't be effective in your room or your partner's. You can quiz each other, motivate each other and strengthen your relationship, all at the same time. Meet in libraries or study halls to limit the silly jokes and loving comments that might cause distractions. Nothing wrong in passing around notes as the two of you learn. It's cute.



BE PROGRESSIVE PARTNERS

It's important to find someone who understands the tough demands of your course in school. Have a conversation and come to a decision on days and times when you should be together and when you're not to be. During times you're not together, don't resort to facetimeing, whatsapping, etc. Focus, guys, FOCUS!! You guys shouldn't see each other all the time. Remember, 'Absence makes the heart grow fonder'.



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FORGET DEM

Whether your relationship is going towards marriage, or it's a 'help me finish my course', the primary reason for your presence in school is to study and achieve educational highs. If your partner does not understand this, and puts pressure on you to spend all of your time on him/her, kick him/her to the curb. Wasting your parent's money or your time is gonna be a sad distin. TBVH!!

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SINGLE AND BALLING

WHAT TO DO WHEN YOU ARE NOT DATING

There is something they say always “Being single is the best time of your life”.

There is a lot of truth in it , only if you make use of the period you don't have to worry about getting a val's day present for someone or going through emotional stress after an argument with your boyfriend or girlfriend.

Whilst you wait, consider these ideas to make ball whilst single.



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DISCOVER A PASSION

Being passionate about something is always a good thing. The experience of learning something new and becoming great at it will teach you to focus on yourself and build some confidence. At best, it could pay later in your life. There are stories of people who met their loved ones whilst chasing their passions.



TREAT YOURSELF RIGHT

During this period, self love is absolutely important. Buy beautiful clothes for yourself, take yourself out on dates to the cinema or go on trips. Learn to have some fulfillment spending time with yourself.



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MAKE FRIENDS

Without any commitments, you can make friends with the opposite sex without any guilt. Get to know a lot of people and build strong relationships. If you don't get zoned, one of them will end up becoming your partner.

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CHILL WITH THESE + AMAZING TV SHOWS ON IFLIX

If you haven't subscribed to Iflix Ghana, chances are you are not experiencing the awesomeness that Subscription Video on Demand offers; great TV shows, movies and series when you want it, how you want it! Not to worry though, we got you! Take a load of these 2 world class shows streaming on Iflix in March and when you are through, visit our website sparkmag.live for a chance of owning for yourself a voucher to stream all you want for free on Iflix.



01+



EYE CANDY

From writer RL Stine, Eye Candy is a spellbinding series starring singer and actress Victoria Justice as 21-year-old computer whiz Lindy Sampson, who does a pretty good job. See, Lindy is able to use technology and the virtual dating medium to recognize clues and connections in a way others can't and uses this in search of her abducted younger sister, while occasionally bending the law to help with other unsolved missing persons cases. This is the kind of show to watch if you are all for the play of genius at work.

BRITANNIA

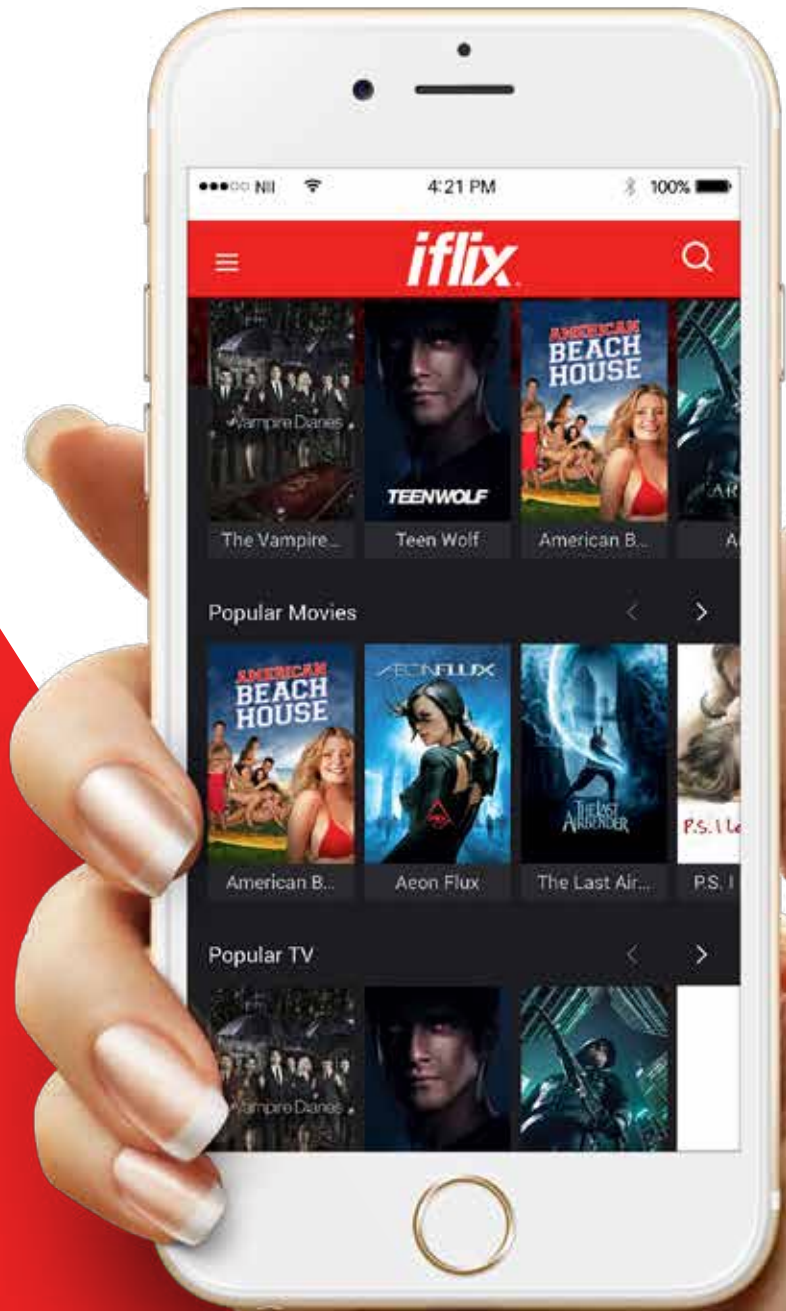
The setting for this British historical fantasy series is A.D. 43, when the Romans invaded Britain, led by General Aulus Plautius on a quest to succeed where Julius Caesar failed and conquer this mythical land on the very end of the Roman Empire. If you are into period dramas, action, deceit, elaborate setting and costume, then this is for you. Connect to your speakers, find some snacks and enjoy this epic series

02+



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VIEWS FROM PENT HALL WEEK

The famous Hall located in University of Ghana known for its vibrant lifestyle kicked off their annual Hall week on Sunday 25th February.

This year's Hall week themed as Afrocentrix has an interesting line-up of events for every student.

On Sunday, the streets of Pent were lit with picturesque activities, styles and people.

Here are a few photos from the colourful event shot by photographer Jeff Adosey.





01



THE FUCKBOY

He is the biggest jerk you will ever meet. His body count is higher than his GPA. He is an eye candy. Every girl goes through the phase of wanting to be with the Fuckboy. He is a purveyor of heartbreaks. He has a girlfriend in every hostel on campus but he tells you they are his cousins.

Not wanting to ruin his chances with your best friend when he's done with you, he begs you not to put up that picture of you and him together because he hates the attention. He's the kind of guy who takes shirtless mirror selfies and definitely Instagram's them. His whole life revolves around one thing and one thing only: HIMSELF

Ladies, beware and stay away.

YOUR PLAYLIST

Music is food for the soul. We all have music we like to listen to alone, with our pals, or to turn up the party. However you enjoy your music, we are suggesting 6 tracks you can discover and update your playlist with. Whatever sound you are into, there is a song for you here. Find all the songs on SOUNDCLOUD and any other streaming site you love.

01+



BRYAN THE SUN

If you are a Hip-hop fan, you, "See the move" is a with the Sun" EP. Bryan's favourite out of the 8 music out on SOUNDCLOUD streaming sites.

BIG BEN
LOVING YOU

CAUTION! If you are dealing with heartbreak, this song may invoke some tears; don't say we didn't warn you.

If you are in love or intend to fall in love, you have just found your perfect jam. Log on to SOUNDCLOUD and listen to "Loving you"

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Breakfast

Easy French

INGREDIENTS

- 2 eggs
- 8 tablespoons of evaporated milk
- Salt
- Fat - Butter/margarine/oil
- 4 slices of bread

PREPARATION

- Beat eggs in a shallow dish.
- Stir in milk.
- Add salt to taste.
- Dip the bread in the egg mixture with the mixture.
- Heat a little fat in shallow frying pan to coat the base of the frying pan.
- Cook bread in the lightly greased both sides.

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